

We're A Zoo

Call out an animal name, or show pictures of the animal, then have children move their body in whatever way they can to show the animal's movement. Repeat with a variety of animals (e.g., dog, cat, elephant, fish, bear, turtle, pig). Remember animals can move in more than one way so it is okay for children to move as they think the animal does.

More Support: Model ways to move like the animal. Label your actions as you move. Gently help younger learners move like the animal. "Let's sway your arms like an elephant's trunk. Can you stomp like an elephant?"

Narrate and Label Children's Skills

Cognitive Flexibility

"I could tell you were thinking hard about what movement you needed to change to as you shifted from one animal to the next."