



Buckets

Challenge children to move water from one large bucket to another using only sponges. Model how to move the sponge while dropping as little water as possible (e.g., slow, steady walking, different grips). Encourage children to imitate your actions. If it is too cold for water and sponges, use small toys and large spoons.

More Support: Have children put items (e.g., bean bags, balls, small toys, etc.) in a bucket to fill it up.

Promote Autonomy

"Do you want to hold the sponge with one hand or two hands? Great choice!!"

"You're next with the sponge. Do you want to stand by me or the table while you wait?"